

FREE **MENTAL HEALTH** **FIRST AID TRAININGS**

Learn practical skills to identify, understand,
and respond to signs of mental health challenges.

..... **EARN YOUR MENTAL HEALTH FIRST AID CERTIFICATION**

Participants who complete the full training
will receive a Mental Health First Aid Certificate.



YOUTH MENTAL HEALTH FIRST AID

For adults who work with,
live with, or support
young people.

Time: 9:00 AM – 1:30 PM



Tuesday, September 22, 2026



Tuesday, October 27, 2026



ADULT MENTAL HEALTH FIRST AID

Learn how to recognize
and respond to mental
health challenges in adults.

Time: 9:00 AM – 3:30 PM



Tuesday, October 13, 2026



Tuesday, November 17, 2026



LOCATION: Lakeview United Methodist Church
211 Third St NW, Barberton, OH 44203



REGISTRATION: Registration required



**SCAN TO
REGISTER!**

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